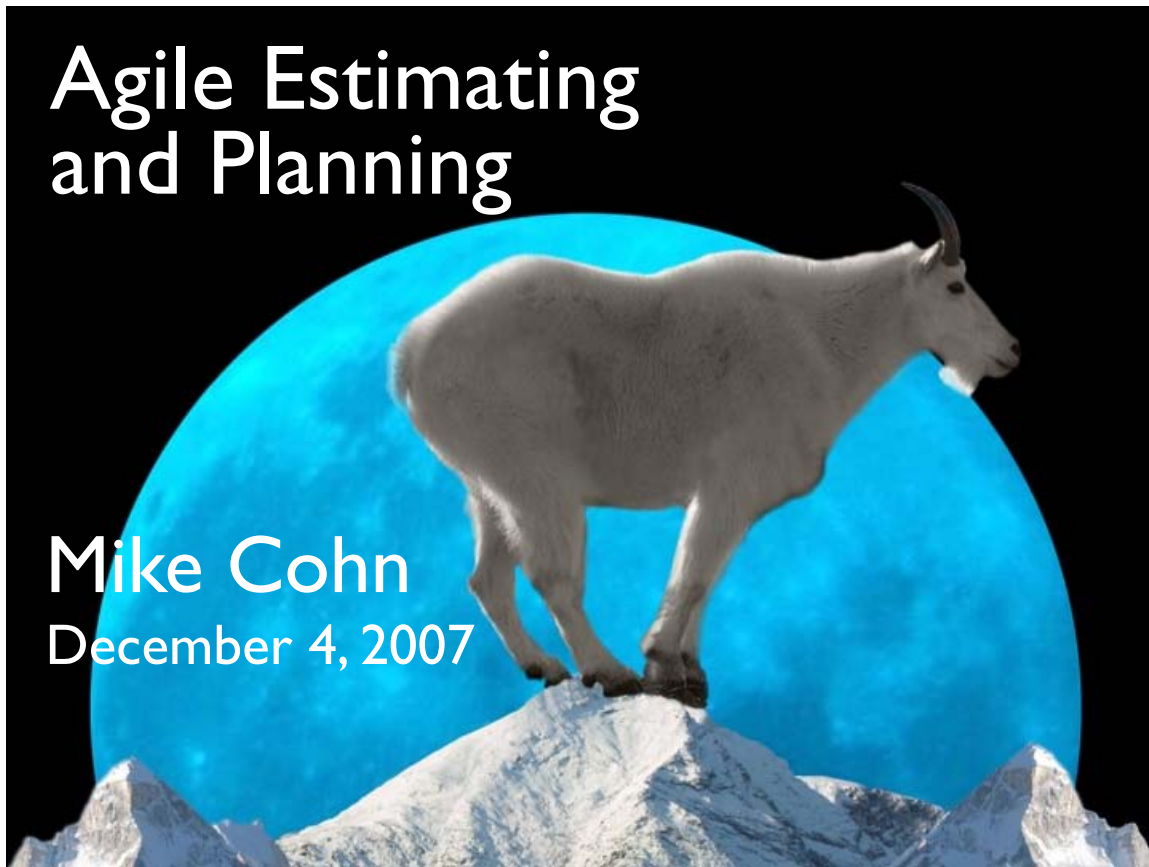


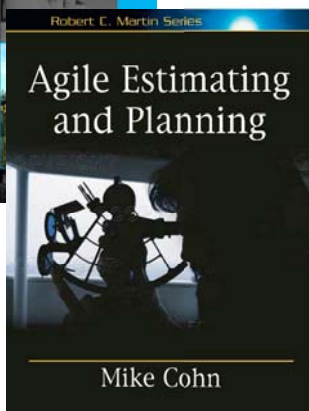
# Agile Estimating and Planning

Mike Cohn  
December 4, 2007



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## Mike Cohn - background

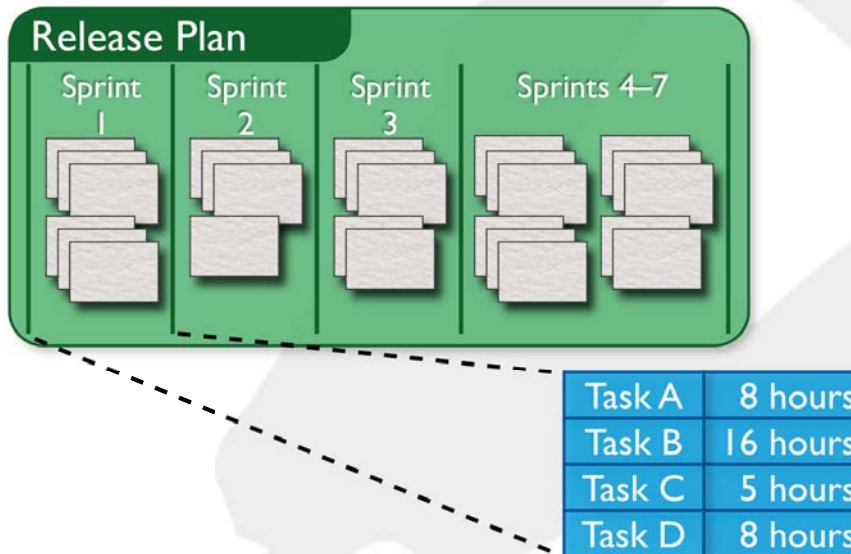


- Agile coach and trainer**
- Founding member and director of Agile Alliance and Scrum Alliance
  - Founder of Mountain Goat Software
  - Ran my first Scrum project back in 1995
  - Typical programmer to manager etc. progression



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# Release and sprint planning



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## What's a good plan?

- A good plan is one that supports reliable decision-making
- Will go from
  - We'll be done in the second quarter
  - We'll be done in March
  - We'll be done March 7th

"It's better to be roughly right than precisely wrong."

~John Maynard Keynes



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# What makes planning agile?

Is more focused on  
planning than the plan

Encourages change

Results in plans that are  
easily changed

Is spread throughout  
the project



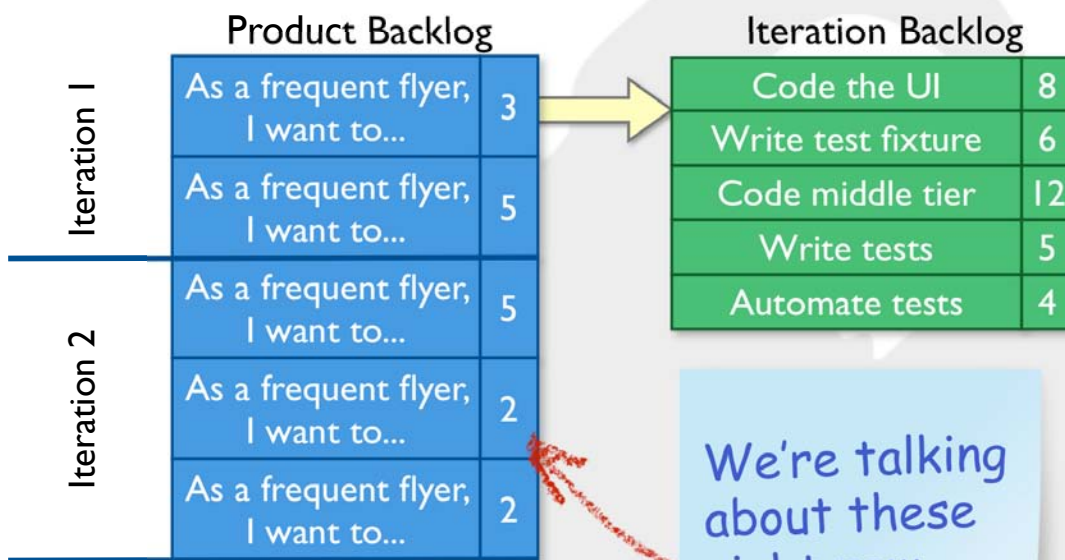
## Agenda

- Estimating in story points
- Estimating in ideal time
- Techniques for estimating
- Iteration planning
- Estimating velocity
- Release planning



# Estimating in Story Points

## Which we're talking about



# How long will it take...



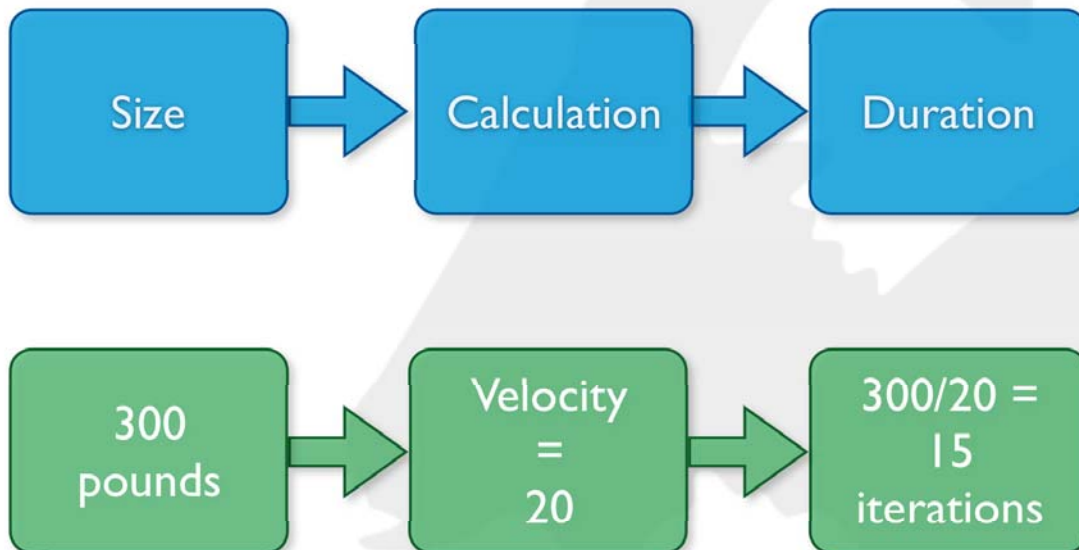
- ...to read the latest Harry Potter book?
- ...to drive to Seattle?



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## Estimate size; derive duration



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# Measures of size

- Traditional and agile measure size differently



# Story points

- The “bigness” of a task
- Influenced by
  - How hard it is
  - How much of it there is
- Relative values are what is important:
  - A login screen is a 2.
  - A search feature is an 8.
- Points are unit-less

As a user, I want to be able to have some but not all items in my cart gift wrapped.

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# Dog points



Assign "dog points" to the following breeds

Labrador retriever  
Dachshund  
Great Dane  
Terrier  
German Shepherd  
Poodle  
St. Bernard  
Bulldog



Estimating in  
Ideal Time



# Ideal time

- How long something would take if
  - it's all you worked on
  - you had no interruptions
  - and everything you need is available
- The ideal time of a football game is 60 minutes
  - Four 15-minute quarters
- The elapsed time is much longer (3+ hours?)



# Elapsed time vs. ideal time

## Ideally

- Monday has 8 hours
- Each week has 40 hours

So, this developer will only make four hours of progress on Monday.

It will take two calendar days to complete one ideal day of work.

## But instead...

Monday has:

- 3 hours of meetings
- 1 hour of email
- 4 hours left for the project

"How long will this take?"





# Ideal time vs. elapsed time

- It's easier to estimate in ideal time
- It's too hard to estimate directly in elapsed time
  - Need to consider all the factors that affect elapsed time at the same time you're estimating



# Comparing the approaches

- Story points help drive cross-functional behavior
- Story point estimates do not decay
- Story points are a pure measure of size
- Estimating in story points is typically faster
- My ideal days cannot be added to your ideal days
- Ideal days are easier to explain outside the team
- Ideal days are easier to estimate at first
- Ideal days can force companies to confront time wasting activities

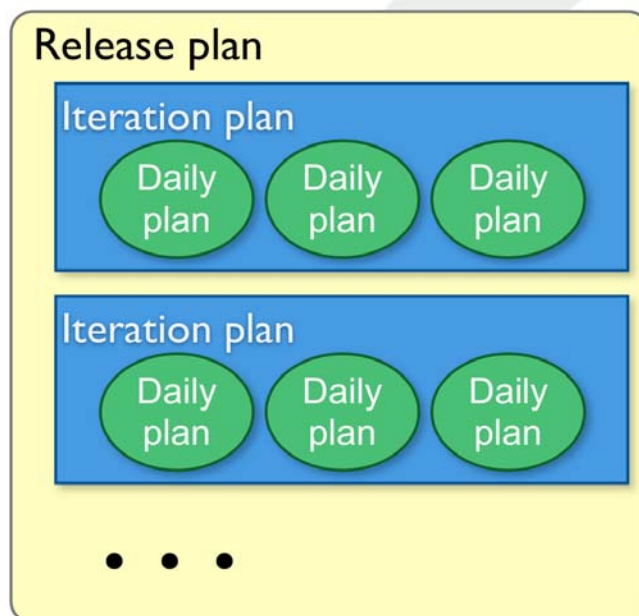


# What I usually do

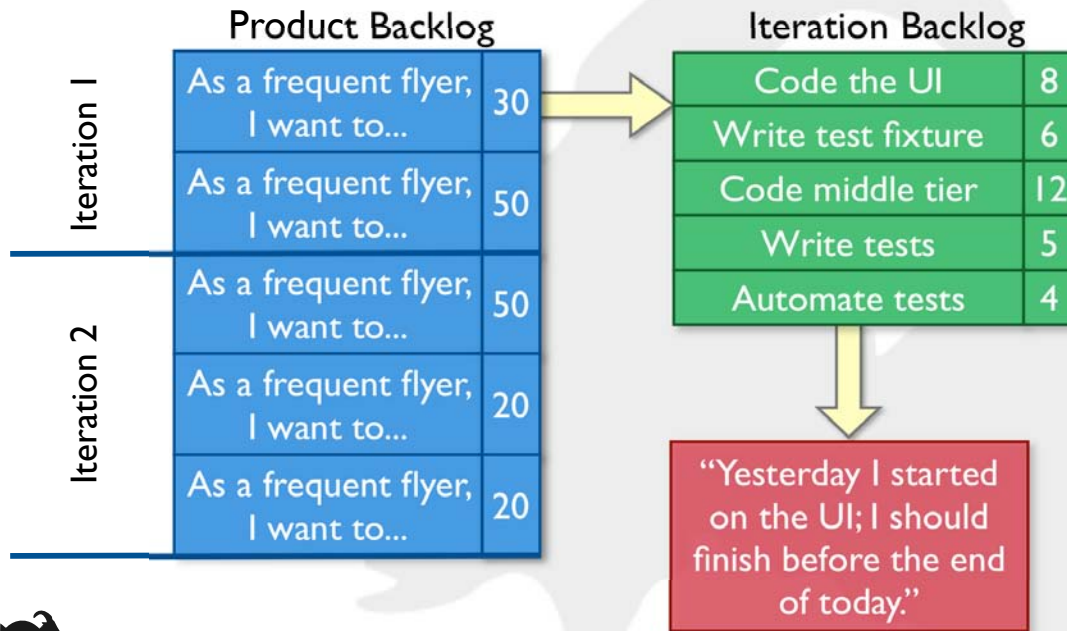
- I prefer story points
- ...but they make some teams uncomfortable, so I'll
  - Start with ideal time
    - Gives the team a nice foundation for the initial stories
    - Helps team get started
  - Define “1 story point = 1 ideal day”
  - Then
    - Gradually convert team to thinking in unit-less story points
    - “This story is like that story.”
    - Stop talking about how long it will take



# Three levels of planning...



# ...three levels of precision



## Techniques for Estimating

# Estimate by analogy

- Comparing a user story to others
  - “This story is like that story, so its estimate is what that story’s estimate was.”
- Don’t use a single gold standard
- Triangulate instead
  - Compare the story being estimated to multiple other stories



# Triangulation

- Confirm estimates by comparing the story to multiple other stories.
- Group like-sized stories on table or whiteboard



# Disaggregation

- Breaking a big story into smaller stories or tasks
  - You know how long the smaller tasks take
  - So, disaggregating to something you know lets you estimate something bigger you don't know
- Sometimes very useful
- But disaggregating too far causes problems
  - Forgotten tasks
  - Summing lots of small errors can be big number



# How much effort?

- A little efforts helps a lot
- A lot of effort only helps a little more



# Use the right units

- Can you distinguish a 1-point story from a 2?
- Can you distinguish a 17 from an 18?
- Use units that make sense, such as
  - 1, 2, 3, 5, 8, 13
  - 1, 2, 4, 8
- Stay mostly in a 1-10 range

Include 0 and  
 $\frac{1}{2}$  if you  
want



# Planning poker

- An iterative approach to estimating
- Steps
  - Each estimator is given a deck of cards, each card has a valid estimate written on it
  - Customer/Product owner reads a story and it's discussed briefly
  - Each estimator selects a card that's his or her estimate
  - Cards are turned over so all can see them
  - Discuss differences (especially outliers)
  - Re-estimate until estimates converge



# Planning poker - an example



Estimator	Round 1	Round 2
Susan	3	5
Vadim	8	5
Ann	2	5
Chris	5	8

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# Estimate these



Product backlog item	Estimate
Read a high-level, 10-page overview of agile software development in <i>People</i> magazine.	
Read a densely written 5-page research paper about agile software development in an academic journal.	
Write the product backlog for a simple eCommerce site that sells only clocks.	
Recruit, interview, and hire a new member for your team.	
Create a 60-minute presentation about agile estimating and planning for your coworkers.	
Wash and wax your boss' Porsche.	
Read a 150-page book on agile software development.	
Write an 8-page summary of this session for your boss.	

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# Why planning poker works

- Emphasizes relative estimating
- Focuses most estimates within an approximate one order of magnitude
- Everyone's opinion is heard
- Estimators are required to justify estimates
- It's quick
- It's fun



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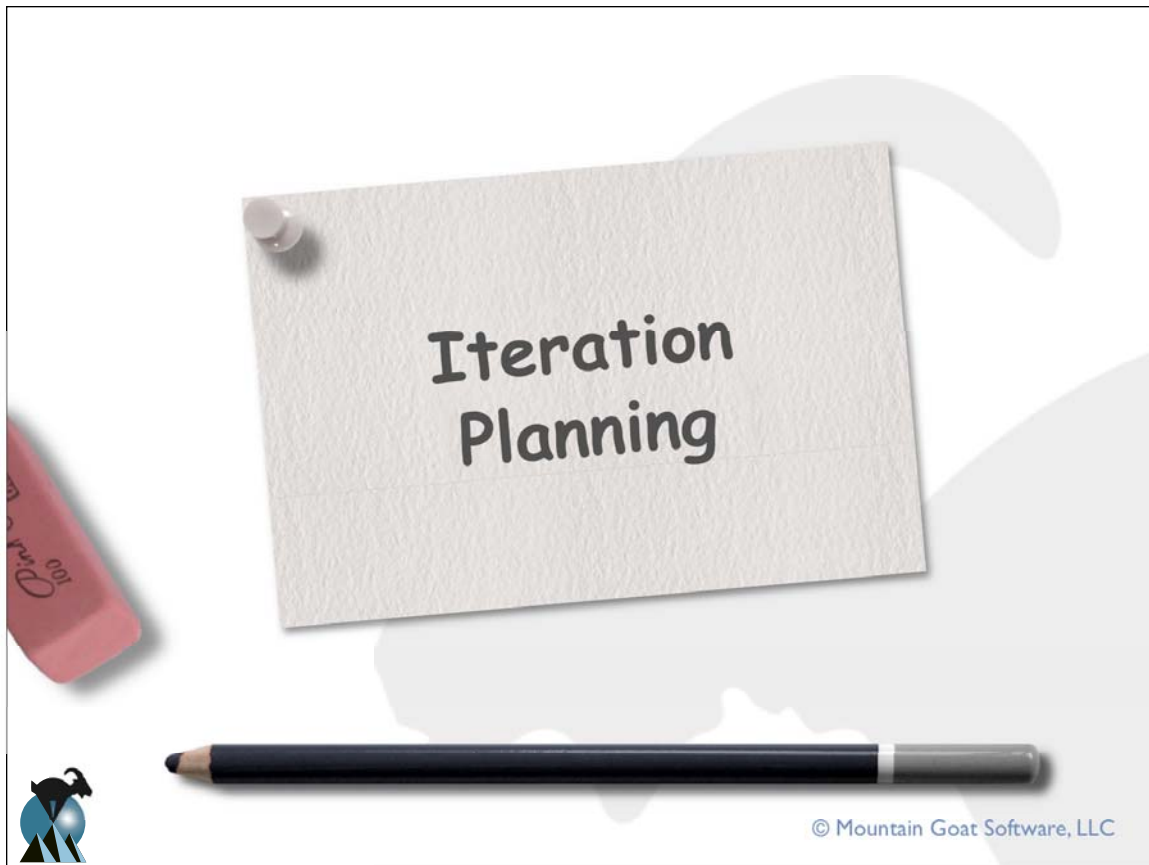
# www.planningpoker.com



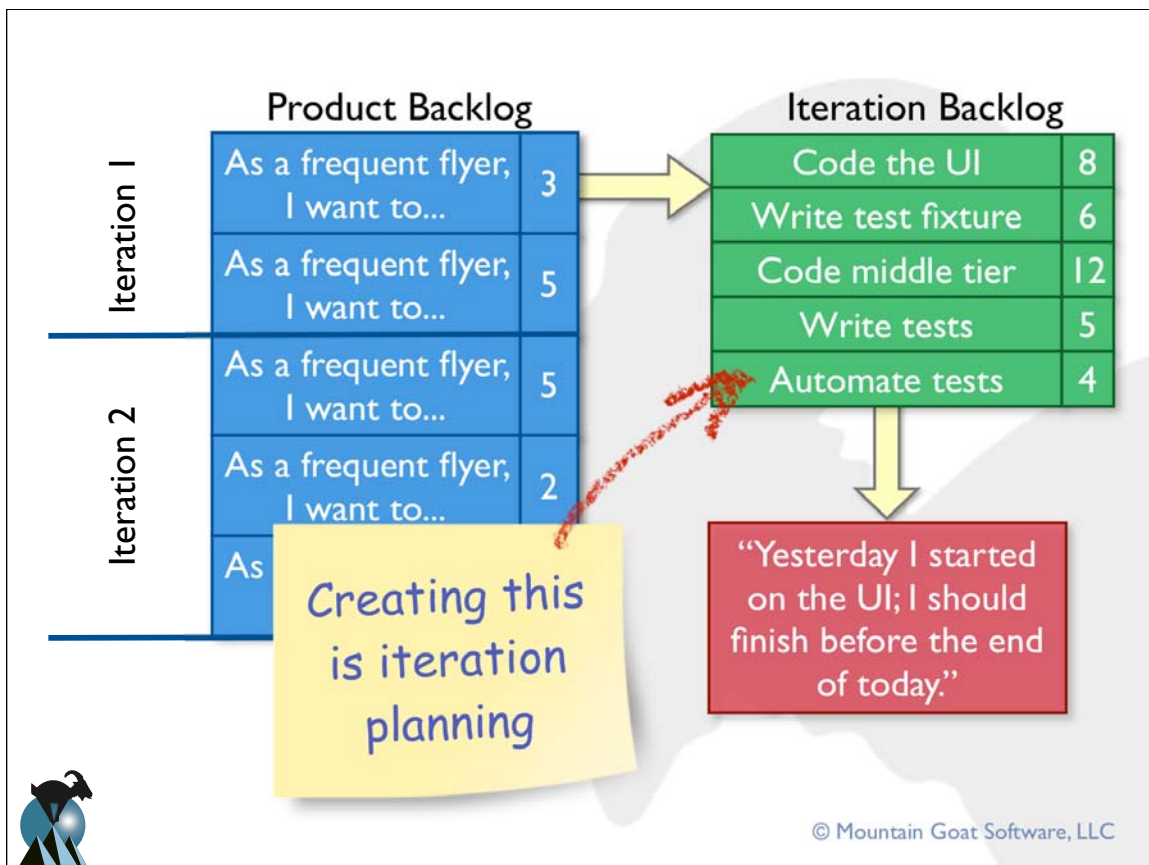
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# Two approaches

- Velocity-driven iteration planning
  - “We finished 15 story points last time, let’s plan on 15 story points this time.”
  - Very unreliable in what will be accomplished during an iteration
    - Velocity is mostly useful over the long term
- Commitment-driven iteration planning
  - More likely to lead to realistic iteration commitments



# Commitment-driven iteration planning

- Discuss the highest priority item on the product backlog
- Decompose it into tasks
- Estimate each task
  - Whole team estimates each task
- Ask ourselves, “Can we commit to this?”
  - If yes, see if we can add another backlog item
  - If not, remove this item but see if we can add another smaller one



## Commitment-driven iteration planning

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## Estimate availability

Person	Hours per Day	Hours per Iteration
Sergey	4-6	40-60
Yuri	5-7	50-70
Carina	2-3	20-30
Total		110-160



# It looks something like this

As a user, I want ...

2

- Code the abc class (8 hours)
- Code the user interface (4)
- Write test fixtures (4)
- Code the xyz class (6)
- Update performance tests (4)

Team can commit, so they continue...

As a user, I want ...

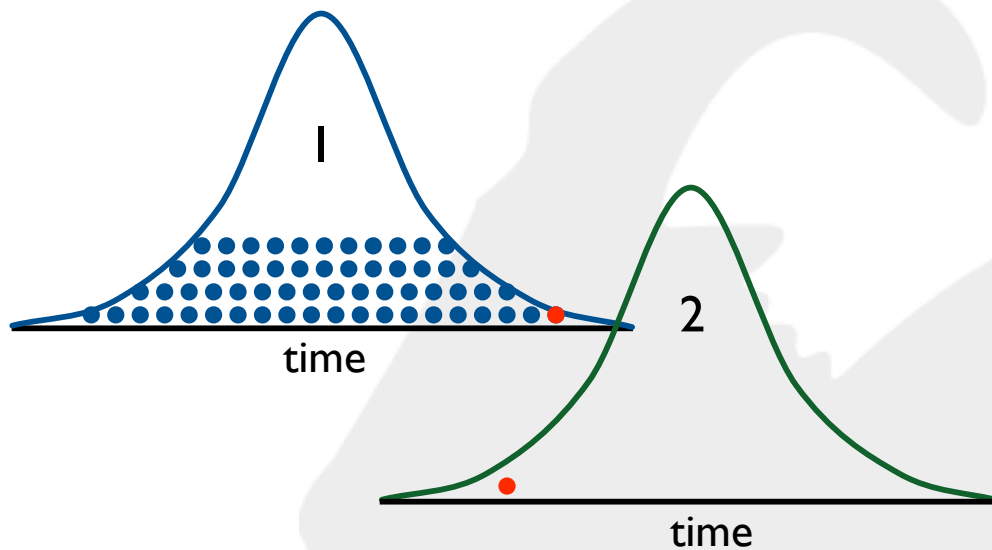
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- Prototype the UI (8 hours)
- Demo UI to 3 outside users (3)
- Code new UI (12)
- Update documentation (3)



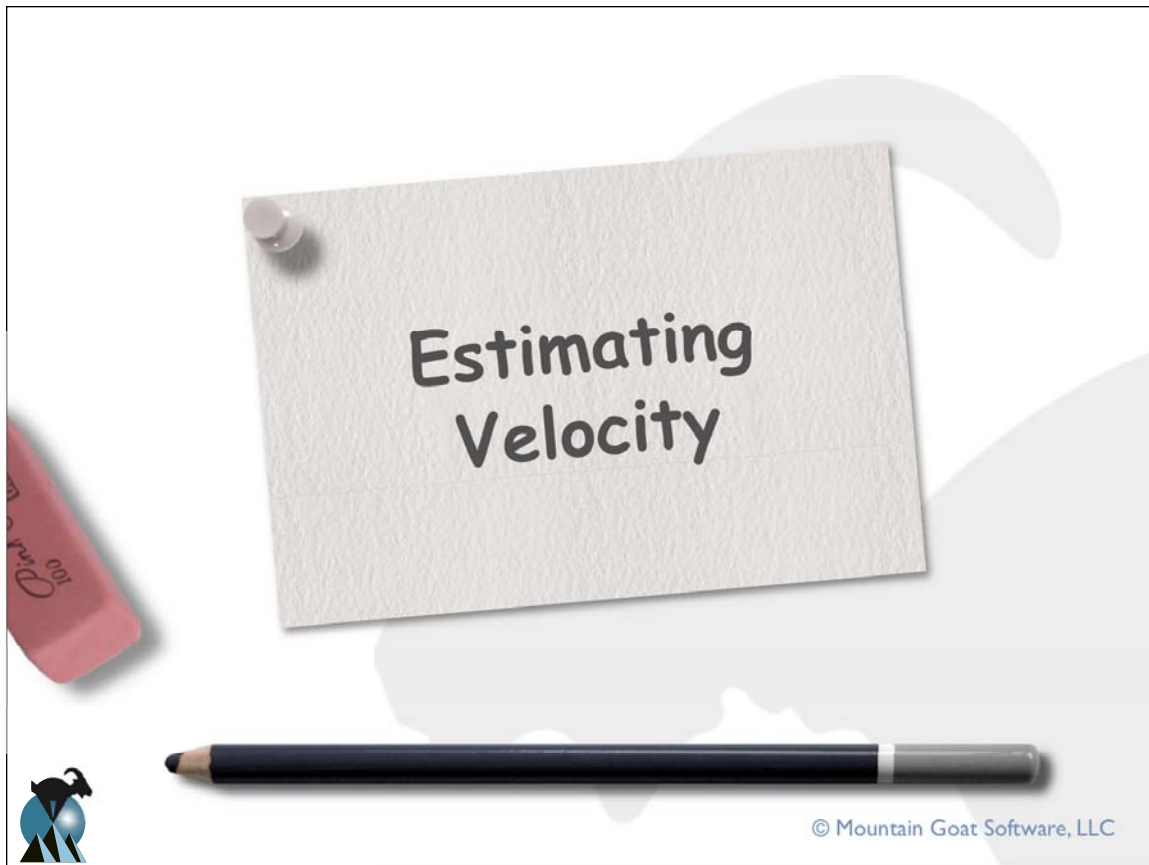
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## How to estimate velocity

- 1 Use historical values
- 2 Don't, until you've run 1-3 sprints
- 3 Forecast it



# Forecasting velocity

- Just like commitment-driven sprint planning
  - Estimate available hours for the sprint
  - Repeat until full:
    - Pick a story, break into tasks, estimate each task

Ideally, "plan"  
more than one  
sprint



# An example

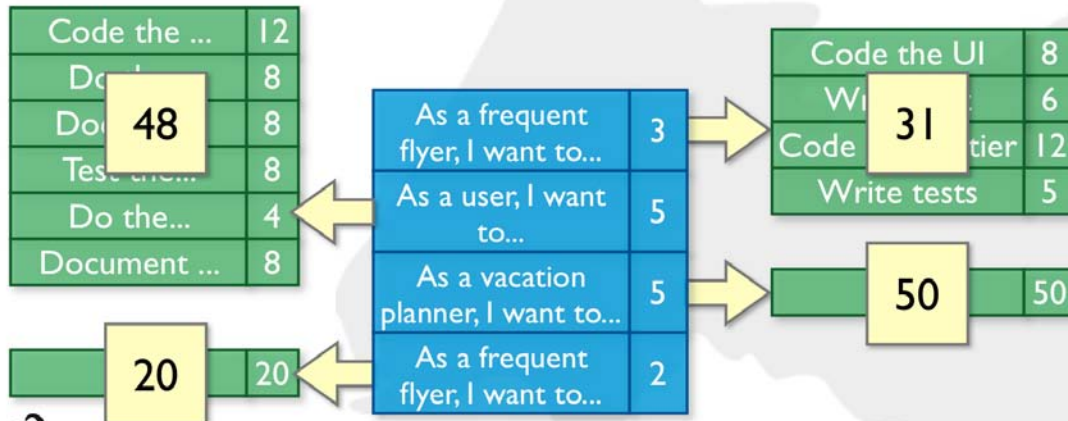
- Estimating available hours

Person	Hours per Day	Hours per Sprint
Sergey	4-6	40-60
Yuri	5-7	50-70
Carina	2-3	20-30
Total		110-160



# An example

At 110-160 available hours per sprint, what is the team's velocity?



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# Put a range around it

- You're unlikely to have precisely forecasted the exact velocity the team will average
- So, put a range around your velocity estimate:

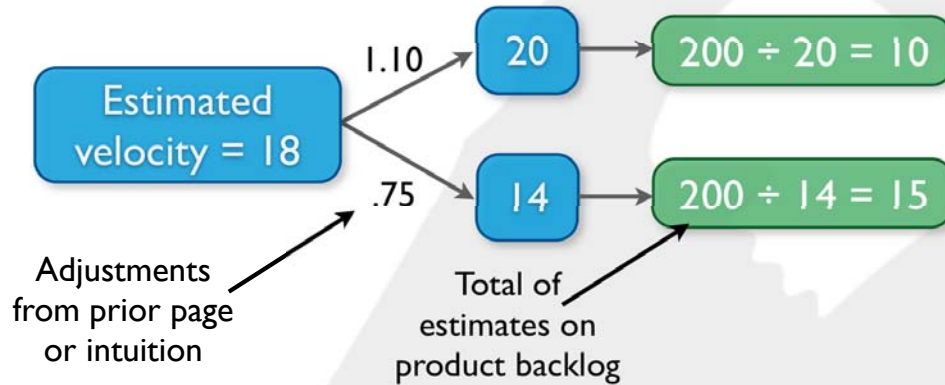
Known team and known domain	+5% -10%
↑ ↓	+10% -25%
Unknown team or unknown domain	+25% -50%

†Numbers based on PMI advice on progressive accuracy of estimates.

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# Expressing velocity as a range



“Right now, before we start this project, our best estimate is that it will take between 10 and 15 sprints.”

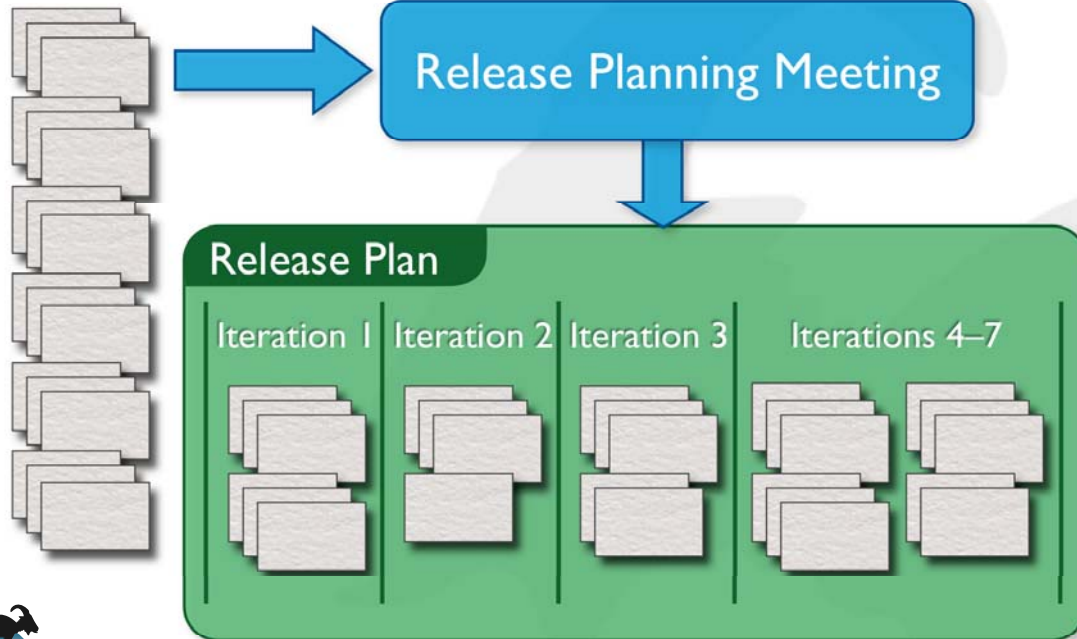


Release Planning





# Release planning



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# Updating the release plan

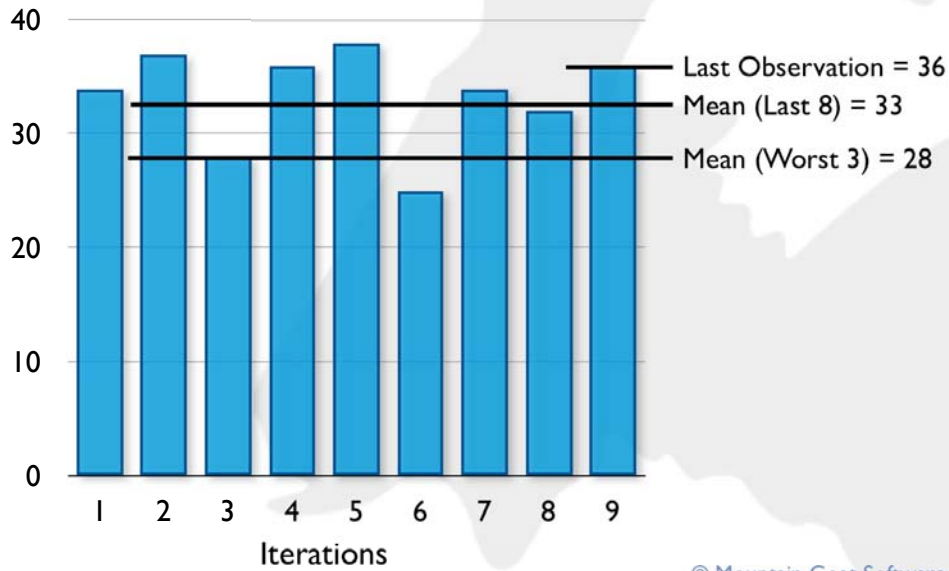
- Revisit the release plan at the end of every iteration
- Update it based on:
  - Current understanding of velocity
  - Current prioritization of the product backlog
- This should be a very short and sweet process



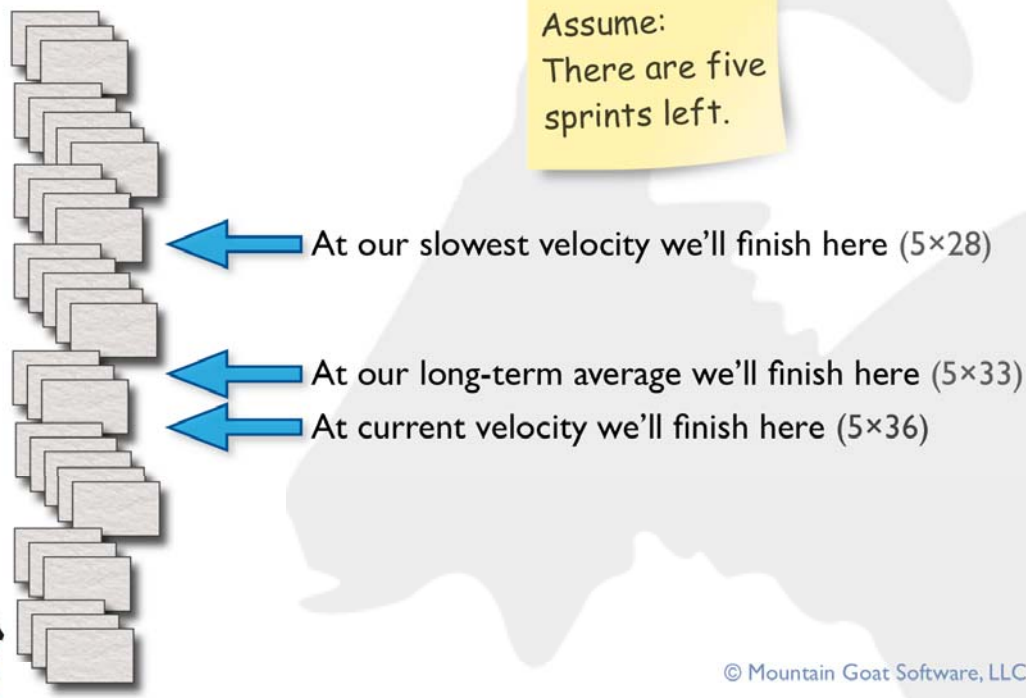
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# Track velocity multiple ways



# Extrapolate from velocity



# Fixed-date planning

How much can I get by <date>?

1. Determine how many sprints you have
2. Estimate velocity as a range
3. Multiply low velocity  $\times$  number of sprints
  - Count off that many points
  - These are “Will Have” items
4. Multiply high velocity  $\times$  number of sprints
  - Count off that many more points
  - These are “Might Have items”

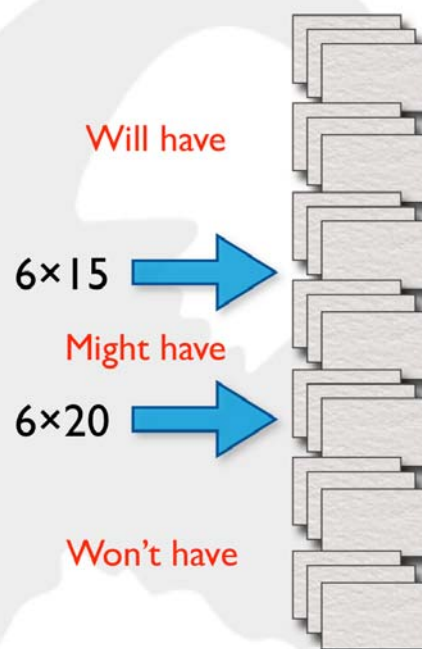


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## Fixed-date planning: an example

Desired release date	30 June
Today's Date	1 January
Number of sprints	6 (monthly)
Low velocity	15
High velocity	20



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## A fixed-date plan

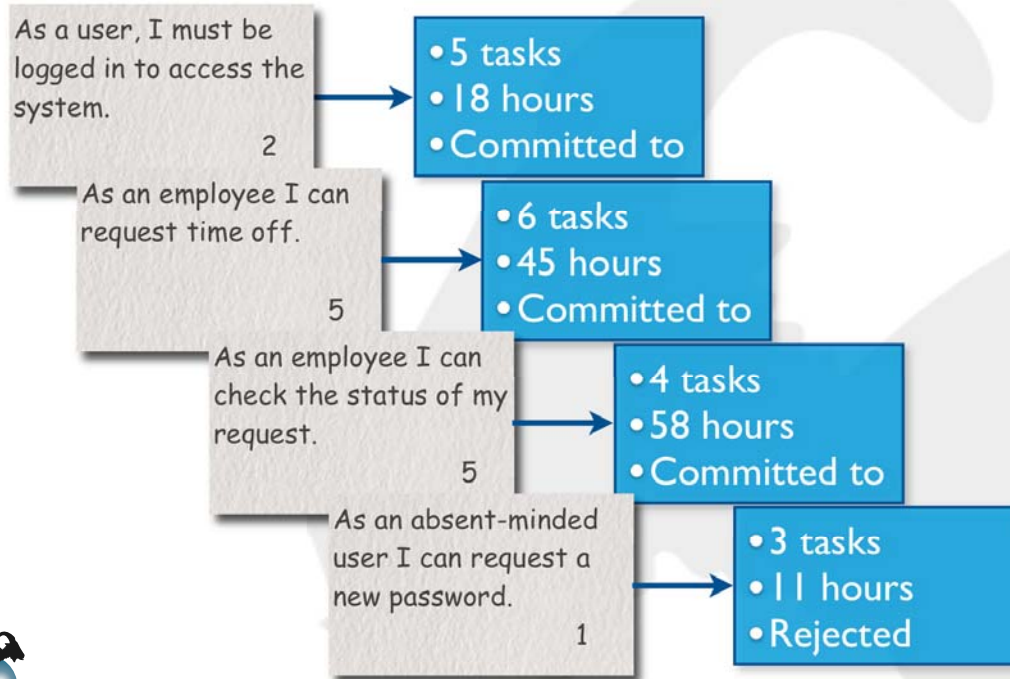
1. Using the product backlog on the next page, determine which backlog items your team (Sergei, Yuri, and Carina) can commit to delivering in five iterations.
2. The product backlog has been prioritized by your product owner (me).
3. Members of this team have worked together in various combinations in the past but not recently so they don't have a historical velocity
4. They know the technologies well and the domain is familiar.
5. The team has already held their first iteration planning meeting. Results are on the next page.
6. Reminder: Make velocity a range!



Intentionally blank



# Results of sprint planning



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Product backlog item	Est.
As a user I must be logged in to access the system.	2
As an employee I can request time off. (Note: automatically rejected if exceeds person's annual limit.)	5
As an employee I can check on the status of my time off request.	5
As a supervisor, I can approve or reject a time off request, giving a reason why if I reject it.	8
As the HR manager, I want accounts created, deleted and set to the appropriate manager/employee relationship by synchronizing nightly against the company human resources system.	13
As a supervisor, I want a screen showing all requests waiting on me to approve or reject them. It should show the employee's accrued time off and other relevant data.	13
As a supervisor, I am notified whenever someone requests time off.	3
As an employee I want acceptable performance from the system even though I am one of 100 concurrent users.	13
As an absent-minded user, I can request that a new password be sent to me.	1
As the HR department, I want an interactive report that I can run showing all requested time off and accepted/rejected status over a specified date range.	13
As an employee I am automatically notified when my request is accepted or rejected.	3

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# Upcoming public classes

Date	What	Where
Jan 15-16 Jan 17	Certified ScrumMaster Agile Estimating and Planning	Atlanta
Feb 24-25 Feb 26	Certified ScrumMaster Agile Estimating and Planning	Seattle
April 8-9 April 10	Certified ScrumMaster Agile Estimating and Planning	Dallas
June 3-4 June 5	Certified ScrumMaster Agile Estimating and Planning	Washington, DC (Reston)

Other classes in London, Oslo and Stockholm if you're up for a longer trip.

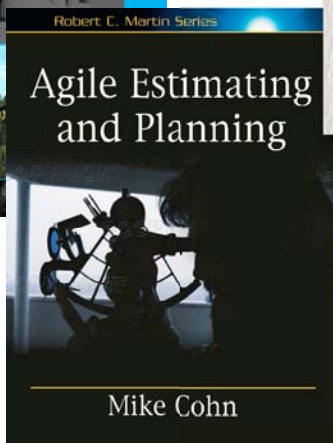
Information and registration at  
[www.mountangoatsoftware.com](http://www.mountangoatsoftware.com)



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